

Guidelines for competitors

1. Entry

Entrance to the stadium is only permitted with a PASS ATLETA

3. Warming up

Warm up for races and jumps must be done exclusively on the designated field. The last jumping and throwing trials can be done at the main facility according to the World Athletics Technical Rules.

4. Call room

The competitors will convene in the "call room" according to the following schedule:

- **60 minutes before pole vault**
- **40 minutes before jumping and Shot Put-throw competitions (test jumps and throws will follow)**
- **20 minutes before the start of the race.**

All athletes have to be accompanied by an official to their competition site. No exceptions will be accepted. Athletes who arrive late to the "call room" will be excluded from the competition.

5. Meeting Rules

The meeting will be held according to the current World Athletics Technical Rules.

5. Preparation time / speed measurement

Preparation time: 1 minute for competitions (according to the World Athletics Technical Rules).

6. Unauthorized people on the race field

Coaches, trainers, instructors, club officials have no right to accompany the athletes onto the race field. If this directive is not respected/complied the competitor will be disqualified.

8. Uniforms

Competitors must wear the official club uniform. If the club does not have an official uniform, or it is rendered unusable for several reasons, competitors may wear a neutral uniform with no writing.

9. Advertising on the competition uniform

If a club has a sponsoring agreement, the athletes have the right to wear their uniform with the advertising, only if the FSA has given consent and the inscription is in compliance with the RO directives. In the field of competition the athletes have the right to wear their uniforms with the name of advertising permitted by the FSA. In the field of competition they do not have the right to advertise in any other form.

10. Award Ceremony (U16 + U18)

The award ceremony will take place immediately after the final. The three winners of each discipline will go to the award ceremony area at the Finish Zone. Directives relevant to the uniform are valid according to the RO.

11. Anti-doping

Anti-doping control will be administered to any athlete participating in the meet by the Swiss Sport Integrity.

12. Medical Support

Doctors will be available in case of emergency.

13. Insurance

Each participant must be insured against injuries, accidents and theft. The organizers decline all responsibility.